Nursery Overview

Building Relationships	**Lessons**
Play with one or more other children, extending and elaborating play ideas *(DM 3 & 4 year olds)*	Lesson 1 'Let's Play Shops'
Help to find solutions to conflicts and rivalries *(DM 3 & 4 year olds)*	Lesson 13 'Fair Shares'
Self-Regulation	**Lessons**
Select and use activities and resources, with help when needed *(DM 3 & 4 year olds)*	Lesson 5 'Make Your Choice' Lesson 10 'Well Done!'
Increasingly follow rules, understanding why they are important *(DM 3 & 4 year olds)*	Lesson 14 'The Pantomime'
Do not always need an adult to remind them of a rule *(DM 3 & 4 year olds)*	Lesson 16 'A Waiting Game'
Develop their sense of responsibility and membership of a community *(DM 3 & 4 year olds)*	Lesson 6 'Odd Jobs'
Show more confidence in new social situations *(DM 3 & 4 year olds)*	Lesson 11 'A New Baby'
Becomes more outgoing with unfamiliar people, in the safe context of their setting *(DM 3 & 4 year olds)*	Lesson 4 'Good Friends'

Managing Self	**Lessons**
Begin to understand how others might be feeling *(DM 3 & 4 year olds)*	Lesson 12 'Deaf Girl'
Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried' *(DM 3 & 4 year olds)*	Lesson 15 'You Smell'
Talk with others to solve conflict *(DM 3 & 4 year olds)*	Lesson 2 'Who's Playing?'
Develop appropriate ways of being assertive *(DM 3 & 4 year olds)*	Lesson 2 'Who's Playing?'

Reception Overview

Managing Self	Lessons
Be confident to try new activities and show independence, resilience and perseverance in the face of challenge *(ELG)* It's all about…taking part!	Lesson 6 'Taking the Plunge' Lesson 15 'One Gold Star'
Explain the reasons for rules, now right from wrong and try to behave accordingly *(ELG)* It's all about… taking part!	Lesson 5 'What a Problem' Lesson 25 'Litter Bug'
Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices *(ELG)* It's all about… being smart!	Lesson 3 'I Like...' Lesson 12 'Clean and Tidy' Lesson 21 'Getting in Knot'
Self-Regulation	**Lessons**
Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly *(ELG)* It's all about… having heart!	Lesson 2 'Nan's House' Lesson 13 'Bully Boy' Lesson 20 'The New Pet'
Set work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate *(ELG)* It's all about… being smart!	Lesson 10 'Rainy Days'
Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions *(ELG)* It's all about… being smart!	Lesson 18 'A Piece of Cake'

Building Relationships	Lessons
Work and play cooperatively and take turns with others *(ELG)* It's all about… taking part!	Lesson 4 'It's Your Turn' Lesson 9 'Stick to the Rules' Lesson 24 'Playtime Games'
Form positive attachments to adults and friendships with peers *(ELG)* It's all about… having heart!	Lesson 7 'An Old Friend' Lesson 14 'Family Fun' Lesson 23 'Eid Mubarak'
Show sensitivity to their own and to others' needs *(ELG)* It's all about… being smart!	Lesson 1 'Hide and Seek' Lesson 11 'I Feel Poorly!' Lesson 19 'Busy Body'

KS1 Overview Cycle 1

Autumn 1	CIT Unit 1 Lesson 3: Taking Turns – It's Your Turn
	CIT Unit 1 Lesson 5: Sharing – Share The Booty
	Core 1 Unit 5 Lesson 2: Road Safety – Green X Code
	Core 2 Unit 4 Lesson 1: Friendship 1 – Friends Together
	Core 2 Unit 4 Lesson 4: Family 1 – My Family
	Safe Zone Lesson 1: Copyright and Ownership
	Safe Zone Lesson 2: Self-Image and Identity

Autumn 2	Core 1 Unit 4 Lesson 2: Happiness – Smile!
	Anti-Bullying Week
	Core 1 Unit 4 Lesson 3: Anger – Grrr!
	Core 1 Unit 4 Lesson 4: Love – Three Little Words
	Core 2 Unit 1 Lesson 1: Opinions – I Think
	Core 2 Unit 1 Lesson 2: Co-operation 1 – I Want To Play

Spring 1	Core 1 Unit 2 Lesson 1: Healthy Eating 1 – Vote Green
	Core 1 Unit 2 Lesson 2: Healthy Eating 2 – Meat Eaters
	Core 1 Unit 1 Lesson 2: Physical Activity 2 – Mighty Muscles
	Core 1 Unit 1 Lesson 3 Physical Activity 3 – Get Physical
	Safe Zone Lesson 3: Managing Information Online

Spring 2	NSPCC PANTS
	Core 2 Unit 2 Lesson 1: Bullying – Ugly Duckling
	Core 2 Unit 2 Lesson 3: Behaviour 1 – In My Shoes
	Core 2 Unit 4 Lesson 4: Kindness – Give A Little
	Safe Zone Lesson 4: Privacy and Security

Summer 1	CIT Unit 4 Lesson 1: Our School – Common Goals
	CIT Unit 4 Lesson 2: Belonging – Join The Club
	CIT Unit 1 Lesson 6: Caring – Talking To Plants
	Core 2 Unit 3 Lesson 1: Fairness – It's Not Fair!
	Core 2 Unit 4 Lesson 5: Family 2 – Special People

Summer 2	Core 2 Unit 4 Lesson 6: Staying Safe 1 – Secret Surprise
	Core 1 Unit 5 Lesson 1: Sun Safety – It's A Cover Up!
	Core 1 Unit 3 Lesson 6: Similarities and Differences – Boys v Girls
	Core 1 Unit 3 Lesson 8: Changing Needs – I Need

KS1 Overview Cycle 2

Autumn 1	CIT Unit 1 Lesson 1: Rules and Expectations 1 – Class Charter
	CIT Unit 1 Lesson 2: Rules and Expectations 2 – Who's At Fault?
	Core 2 Unit 4 Lesson 2: Friendship 2 – Hola! Bonjour!
	Core 2 Unit 4 Lesson 3: Friendship 3 – Share Alike
	Core 2 Unit 1 Lesson 3: Co-operation 2 – Let's Debate
	Safe Zone Lesson 1: Self-Image and Identity

Autumn 2	Core 2 Unit 1 Lesson 4: Good Manners – How Rude!
	Anti-Bullying Week
	Core 2 Unit 3 Lesson 2: Comparisons – All The Same
	Core 2 Unit 3 Lesson 3 Right and Wrong – In The Right
	CIT Unit 1 Lesson 4: Lending / Borrowing – The Borrowers
	Safe Zone Lesson 2: Online Relationships

Spring 1	Core 1 Unit 4 Lesson 5: Sadness – How To Cope
	Core 1 Unit 2 Lesson 3: Healthy Eating 3 – What A Load Of Junk!
	Core 1 Unit 2 Lesson 4: Healthy Eating 4 – Party Time!
	Core 1 Unit 1 Lesson 1: Physical Activity 1 – Workout!
	Safe Zone Lesson 3: Online Reputation

Spring 2	NSPCC PANTS
	Core 1 Unit 3 Lesson 4: Keeping Clean 1 – Meet Grub
	Core 1 Unit 1 Lesson 4: Sleep – Nighty Night
	Core 1 Unit 1 Lesson 5: Keeping Healthy – Give It A Boost
	Core 1 Unit 5 Lesson 3: Drug Safety – Magic Medicine
	Core 1 Unit 3 Lesson 4: Keeping Clean 1 – Meet Grub

Summer 1	Safe Zone Lesson 4: Online Bullying
	Core 2 Unit 2 Lesson 2: Teasing – That's Mean
	Core 2 Unit 2 Lesson 5: Behaviour 2 – Help Me!
	Core 2 Unit 4 Lesson 7: Staying Safe 2 – I Don't Know You
	Core 1 Unit 4 Lesson 1: Emotions – Mood Swings

Summer 2	Safe Zone Lesson 5: Managing Information Online
	Safe Zone Lesson 6: Copyright and Ownership
	Core 1 Unit 3 Lesson 7: Human Body – Body Bits
	Safe Zone Lesson 7: Privacy and Security

LKS2 Overview Cycle 1

Autumn 1	Core 2 Unit 1 Lesson 1: Clear Messages - Dot, Dot, Dash
	Core 2 Unit 1 Lesson 2: Listening and Responding – I Hear You
	Core 2 Unit 4 Lesson 1: Friendship 1 – Best Features
	Core 2 Unit 4 Lesson 2: Friendship 2 – Circles Time
	Core 2 Unit 4 Lesson 3: Friendship 3 – Falling Out
	Safe Zone Lesson 1: Self-Image and Identity

Autumn 2	Core 1 Unit 1 Lesson 1: Balanced Approach – Define: Healthy
	Anti-Bullying Week
	Core 1 Unit 1 Lesson 2: Physical Exercise – Active Kids
	Core 1 Unit 1 Lesson 3: Lifestyle Choices – It's Your Choice
	Core 1 Unit 1 Lesson 4: Sleep – Sweet Dreams
	Safe Zone Lesson 2.1: Online Relationships
	Safe Zone Lesson 2.2: Online Bullying

Spring 1	Core 2 Unit 3 Lesson 1: Connections – Paper Chains
	Core 2 Unit 3 Lesson 2: Family Links – Family Tree
	Core 2 Unit 3 Lesson 6: Self Respect – Let's R.O.C.K
	Core 1 Unit 4 Lesson 1: Loss/Separation 1 – Lost!
	Core 1 Unit 4 Lesson 2: Loss/Separation 2 – Found!
	Safe Zone Lesson 3: Online Reputation/Managing Information Online

Spring 2	Core 2 Unit 3 Lesson 4: Religious Views 1 - Faith Findings
	CIT Unit 1 Lesson 1: Rules – I'm In Charge
	Core 2 Unit 2 Lesson 1: Reactions – Frustration!
	Core 2 Unit 2 Lesson 2: Self Worth – I'm A Marvel
	Safe Zone Lesson 4: Health, Wellbeing and Lifestyle
	Safe Zone Lesson 5: Privacy and Security

Summer 1	Core 1 Unit 3 Lesson 1: Before Puberty – You've Grown
	Core 1 Unit 3 Lesson 2: Keeping Clean – Squeaky Clean
	Core 1 Unit 5 Lesson 3: Illness Prevention – Aaachooo!
	Core 1 Unit 5 Lesson 1: Sun Safety – Too Hot
	Core 1 Unit 5 Lesson 2: Beach Safety – Follow The Flags
	Safe Zone Lesson 6 – Copyright and Ownership

Summer 2	CIT Unit 1 Lesson 2: Thinking Ahead – Lesson Planning
	CIT Unit 1 Lesson 3: Taking The Lead – Learning Time
	CIT Unit 4 Lesson 1: Working Together 1 – Name Game
	CIT Unit 4 Lesson 2: Working Together 2 – Build It Up
	CIT Unit 4 Lesson 3: Shared Goals – Better Places

LKS2 Overview Cycle 2

Autumn 1	Core 2 Unit 1 Lesson 3: Expressing Opinions – It's Debatable
	Core 2 Unit 1 Lesson 4: Privacy – The Secrets Jar
	Core 2 Unit 4 Lesson 5: Boundaries – Don't Push It
	Core 2 Unit 4 Lesson 6: Trusting Strangers – Safe Strangers
	Safe Zone Lesson 1: Online Relationships and Bullying

Autumn 2	Core 1 Unit 2 Lesson 3: Working With Food 1 – Master Chef
	Anti-Bullying Week
	Core 2 Unit 4 Lesson 4: Friendship 4 – The BAFAs
	Safe Zone Lesson 2: Health, Wellbeing and Lifestyle

Spring 1	Core 1 Unit 2 Lesson 4: Working With Food 2 – Picnic Preparations
	Core 1 Unit 1 Lesson 5: Physical, Emotional and Mental 1 – I Am Who I Am
	Core 1 Unit 1 Lesson 6: Physical, Emotional and Mental 2 – Hearts and Minds
	Safe Zone Lesson 3: Online Reputation/Managing Information Online

Spring 2	Core 1 Unit 4 Lesson 4: Feelings 1 – Overreacting
	Core 1 Unit 4 Lesson 5: Feelings 2 – Left Out
	Core 2 Unit 2 Lesson 3: Persistence and Resilience – Don't Give Up!
	Core 2 Unit 2 Lesson 4: Negative Persistence – Over And Over

Summer 1	Core 2 Unit 3 Lesson 3: Family Changes – Two Homes
	Core 2 Unit 3 Lesson 5: Religious Views 2 – Inside Outside
	Safe Zone Lesson 4: Self-Image and Identity
	Core 2 Unit 3 Lesson 7: Gender Stereotypes – His And Hers
	Core 2 Unit 3 Lesson 8: Racial Discrimination – Coming To England

Summer 2	Safe Zone Lesson 5: Copyright and Ownership
	CIT Unit 4 Lesson 4: Different Communities – My Community
	CIT Unit 4 Lesson 5: School Communities – School Swap
	Safe Zone Lesson 6: Privacy and Security

UKS2 Overview Cycle 1

Autumn 1	CIT Unit 1 Lesson 1: Structure – Just Imagine…
	CIT Unit 1 Lesson 2: Law and Order – In Charge
	CIT Unit 1 Lesson 3: U.N. Rights – Our Rights
	Core 1 Unit 5 Lesson 1: Fire Safety – Fire Risk
	Core 1 Unit 5 Lesson 4: First Aid 1 – Rapid Response
	Safe Zone Lesson 1: Privacy and Security

Autumn 2	Core 2 Unit 4 Lesson 1: Physical Contact – Touch Sensitive
	Anti-Bullying Week
	Core 2 Unit 4 Lesson 2: Support and Care – Connections
	Core 1 Unit 4 Lesson 1: Death and Grief 1 – It's Natural
	Core 1 Unit 4 Lesson 2: Death and Grief 2 – Poppies
	Safe Zone Lesson 2: Self-Image and Identity

Spring 1	Core 1 Unit 1 Lesson 1: Healthy Lifestyles – You Choose
	Core 1 Unit 1 Lesson 4: Healthy Minds 1 – I Feel Happy!
	Core 1 Unit 1 Lesson 6: Physical, Emotional and Mental – 3 Dimensional
	Core 2 Unit 3 Lesson 4: Culture 1 – Cultural Feast
	Safe Zone Lesson 3: Online Reputation/Managing Information Online

Spring 2	Core 2 Unit 1 Lesson 1: Confidentiality – Secret Info
	Core 2 Unit 1 Lesson 2: Listening 1 – I'm All Ears
	Core 1 Unit 5 Lesson 6: Medicine and Drugs – Just Say No!
	Core 1 Unit 5 Lesson 8: Alcohol – Drink Aware
	Safe Zone Lesson 4: Health, Wellbeing and Lifestyle

Summer 1	Core 2 Unit 2 Lesson 1: Teamwork 1 – Scrabble
	Core 2 Unit 2 Lesson 2: Teamwork 2 – The Puzzler
	Core 1 Unit 2 Lesson 1: Food Choices 1 – A Good Balance
	Core 1 Unit 2 Lesson 2: Food Choices 2 – Breakfast Club
	Core 1 Unit 2 Lesson 3: Food Choices 3 – A Healthy Relationship
	Safe Zone Lesson 5: Copyright and Ownership

Summer 2	Core 2 Unit 3 Lesson 3: Disabilities – Equal Bodies
	Core 1 Unit 5 Lesson 2: Water Safety - Water Wise
	Core 2 Unit 3 Lesson 1: Race and Ethnicity 1 – Unity Matters
	CIT Unit 4 Lesson 1: Diverse Communities – Welcome!
	CIT Unit 4 Lesson 2: Shared Goals – It's All Go

UKS2 Overview Cycle 2

Autumn 1	Core 1 Unit 5 Lesson 3: Transport Safety – Tracks and Tarmac
	Core 2 Unit 3 Lesson 2: Race and Ethnicity 2 – Equal Voices
	Core 2 Unit 3 Lesson 5: Gender Stereotypes – Jobs 4 All
	Core 2 Unit 3 Lesson 6: Culture 2 – Support Squad
	Safe Zone Lesson 1: Online Reputation/Managing Information Online

Autumn 2	CIT Unit 4 Lesson 3: Community Event – We're Cultured
	Anti-Bullying Week
	CIT Unit 4 Lesson 4: Disabilities – Super Powers
	Core 1 Unit 1 Lesson 2: Physical Illness – Bleugh!
	Safe Zone Lesson 2: Online Relationships and Bullying

Spring 1	Core 1 Unit 1 Lesson 3: Immunisation – One Sharp Scratch
	Core 1 Unit 1 Lesson 5: Healthy Minds 2 – Young Minds
	Core 1 Unit 1 Lesson 7: Sleep – The Bed Bank
	Core 1 Unit 3 Lesson 2: Keeping Clean – Feeling Fresh
	Safe Zone Lesson 3: Self-Image and Identity

Spring 2	Core 2 Unit 1 Lesson 3: Listening 2 – Agree To Disagree
	Core 2 Unit 1 Lesson 4: Responding – Scenarios
	Core 2 Unit 2 Lesson 3: Teamwork 3 – The Boss
	Safe Zone Lesson 4: Healthy, Wellbeing and Lifestyle

Summer 1	Core 2 Unit 4 Lesson 3: Marriage – I Promise
	Core 2 Unit 4 Lesson 4: Managing Conflict – Families At War
	Core 1 Unit 2 Lesson 1: Cooking 1 – Invention Team
	Core 1 Unit 2 Lesson 2: Cooking 2 – Michelin Stars
	Safe Zone Lesson 5: Privacy and Security

Summer 2	Core 1 Unit 5 Lesson 7: Tobacco and Vaping – Up In Smoke
	Core 1 Unit 5 Lesson 9: Substance Abuse – Let's Be Frank
	Core 1 Unit 3 Lesson 1: Changing Bodies – What's Puberty?
	Core 1 Unit 3 Lesson 3: The Menstrual Cycle – Fact Or Fiction?
	Safe Zone Lesson 6: Copyright and Ownership

Theme Week Lesson Coverage (Taken from 3D PSHE Scheme)

	Maths	Challenge	Care
KS1	C3U3L1: Money 1 C3U3L2: Money 2 C3U3L3: Money 3 C3U3L4: Money 4 C3U4L3: Local Citizenship 1 C3U4L4: Local Citizenship 2 C3U3L5: Choices C3U3L6: Enterprise	C3U2L1: Setting Goals C3U2L2: Aspirations	C1U3L1: Dental Hygiene 1 C1U3L2: Dental Hygiene 2 C1U3L3: Dental Hygiene 3 C1U3L5: Keeping Clean 2 C1U3L4: Keeping Clean 1
LKS2	C3U3L1: Money Choices C3U3L2: Spending C3U5L3: Managing Money 1 C3U3L4: Managing Money 2	C3U2L1: Identified Strengths 1 C3U2L2: Identified Strengths 2 C3U2L3: Setting Goals 1 C3U2L4: Setting Goals 1	C1U5L4: First Aid C1U5L5: Drug Safety
UKS2	C3U3L1: Budgeting C3U3L4: Generating Income 1 C3U3L5: Generating Income 2 C3U3L6: Online Spending 1 C3U3L7: Online Spending 2C3U3L2: Consumer Sense 1 C3U3L3: Consumer Sense 2	C3U2L1: Identified Strengths 1 C3U2L2: Identified Strengths 2 C3U2L3: Setting Goals 1 C3U2L4: Setting Goals 2	C1U5L5: First Aid Smart