



PHYSICAL EDUCATION AT HAMER

Vision and Intent

Hamer's physical education (PE) curriculum aims to equip all children with the knowledge and skills to understand the impact of PE and how it can lead them to a happy, healthy and active life. At Hamer, we believe that children will find enjoyment and the desire to succeed in physical education and competitive sport, through a rich and diverse PE curriculum.

Our PE curriculum provides opportunities for children to become confident in their own physical abilities and how to work effectively as part of a team. The PE curriculum is designed so that children can progress each year and build on their skills and abilities, allowing them to take part in competitive games, while always linking back to how physical activity is important to health and mental wellbeing.

We also believe that PE should reflect the needs of our children and the community they live in, so we strive to offer as varied an experience as we can. It is important that our children are given every opportunity they can be to access different sports, which is reflected in the clubs and enrichment activities we provide throughout the year.

Content and Sequencing – Implementation

Currently, our PE curriculum is delivered by an external provider – EdStart.

The PE curriculum follows the guidance set out in the national curriculum, with focus shifting throughout the year and key stages to meet the needs of the pupils.

In **EYFS**, our children start to gain an understanding of movement and how our bodies work. They will begin to develop their physical literacy, focusing on: throwing, passing, rolling, catching. They will also be introduced to concepts relating to games, such as scoring points.

Through **Key Stage 1**, our children explore sequencing movements together, in the form of basic dance and gymnastic routines, which they can link to music. They will become more confident at demonstrating a wider variety of agility, balance and coordination skills independently and in teams. They will begin participating in more focussed games, involving elements of attack and defence. Use basic movement skills – running, jumping, throwing, catching – in combination now, as well as in isolation.

In **Key Stage 2**, children will learn how to create dances using a range of movement patterns and respond with movement to a range of stimuli and accompaniment. They will also develop flexibility, strength, technique, control and balance through dance, gymnastics and athletics. Children will also have the chance to participate in competitive games, modified where appropriate, such as: football, netball, rounders, cricket, hockey, basketball, badminton and tennis. Children will have greater opportunities to communicate, collaborate and compete with each other and evaluate success.

In addition, we also provide all **Year 4** children with swimming lessons, through combination with Rochdale Leisure Centre.

Links Science – topics round the human body – living things/animals including humans – such as heart rate before, during and following exercise. Maths – shape, space and measure – focusing on directions. Geography – map work – orienteering PSHE – physical and mental wellbeing – physical activity and yoga Computing – coding – sequencing of instructions/movements		Progress and Assessment – Impact Children are assessed throughout the year, on a half-termly basis, linked to the focus of the lessons. Children will be assessed on a 1-4 scale (working below, working towards, at the stage and greater depth). Teachers and coaches assess the children based on their behaviour, effort and overall ability within the specific unit of work. Swimming progress is monitored and assessed through a sequence of 8 award tiers, as well as identifying which children likely/unlikely/have potential to swim 25m by the end of the year.										
		<table><tr><th colspan="3">Assessment Data 23-24</th></tr><tr><th>Swimming 25m</th><th>Using a range of strokes</th><th>Safe Self-Rescue</th></tr><tr><td>11%</td><td>7%</td><td>22%</td></tr></table>		Assessment Data 23-24			Swimming 25m	Using a range of strokes	Safe Self-Rescue	11%	7%	22%
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Retrieval Recap at the beginning of lessons – build-up of skills from previous years. Knowledge Organisers Pupil voice questionnaires Lesson observations/drop ins	SEND All children are given the opportunity to access the physical education curriculum at Hamer. Where additional support is required, adaptations will be made to ensure that individual children access learning that is meaningful to them. This can come in the form of adapted activities or acting in different roles during lessons, such as refereeing.	Enrichment At Hamer, we strongly believe that all children benefit from extra opportunities for physical education. To provide this, children are given access to a wide range of sports clubs, which take place before, during and after school. These are provided for by both Hamer staff and external coaches. We also provide enrichment days on-site and off-site (Care, Challenge and FUN weeks), while also working collaboratively with other primary schools in the IPLCN to arrange interschool competitions.										