

3D PSHE – EYFS Overview

	Nursery	Reception
AUTUMN 1	Building Relationships Lesson 1 – Let’s Play Shops Lesson 13 – Fair Shares	Building Relationships Lesson 6 – Taking the Plunge Lesson 15 – One Gold Star Lesson 5 – What a Problem
AUTUMN 2	Self – Regulation Lesson 5 – Make Your Choice Lesson 10 – Well Done! Lesson 14 – The Pantomime	Building Relationships Lesson 25 – Litter Bug Lesson 3 – I like... Lesson 12 – Clean and Tidy Lesson 21 – Getting in a Knot
SPRING 1	Self – Regulation Lesson 16 – A Waiting Game Lesson 6 – Odd Jobs	Self – Regulation Lesson 2 – Nan’s House Lesson 13 – Bully Boy Lesson 20 – The New Pet Lesson 22 – E-Safety, Be Safe
SPRING 2	Self – Regulation Lesson 11 – A New Baby Lesson 4 – Good Friends	Self – Regulation Lesson 10 – Rainy Days Lesson 18 – A Piece of Cake Lesson 4 – It’s Your Turn Lesson 9 – Stick to the Rules
SUMMER 1	Managing Self Lesson 12 – Deaf Girl Lesson 15 – You Smell	Managing Self Lesson 24 – Playtime Games Lesson 7 – An Old Friend Lesson 14 – Family Fun Lesson 23 – Eid Mubarak
SUMMER 2	Managing Self Lesson 2 – Who’s Playing?	Managing Self Lesson 1 – Hide and Seek Lesson 11 – I Feel Poorly! Lesson 19 – Busy Body

3D PSHE KS1 - CYCLE ONE OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Rules and Expectations Core Theme 3 Unit 1 Lesson 2 – Class Charter and School Council Core Theme 2 Unit 4 Lesson 1 – Friendship – Forever Friends Core Theme 2 Unit 4 Lesson 2 – Friendship - Make Friends Core Theme 3 Unit 1 Lesson 3– Taking Turns – It’s Your Turn Core Theme 2 Unit 1 Lesson 7 – Good Manners – How Rude!
AUTUMN 2	Core Theme 1 Unit 4 Lesson 1 – Happiness - Smile Core Theme 2 Unit 2 Lesson 1 – Definition – A Bully is... Anti-Bullying week Core Theme 2 Unit 2 Lesson 3 – Unkindness – Blame Game Maths Happiness Maths Happiness
SPRING 1	Core Theme 1 Unit 4 Lesson 2 – Anger – Grrr! Core Theme 2 Unit 1 Lesson 1 – Feelings – How I Feel Core Theme 2 Unit 1 Lesson 2 – Response – How I think Core Theme 2 Unit 1 Lesson 3 – Options – I think... NSPCC – PANTS
SPRING 2	Core Theme 1 Unit 2 Lesson 4 – Washing hands – Meet Grub! Core Theme 2 Unit 3 Lesson 2 – Comparisons –All the Same Core Theme 1 Unit 5 Lesson 4 – Personal Safety – Secret Surprise Core Theme 1 Unit 5 Lesson 5 – Emotional Safety – Getting Help Core Theme 2 Unit 3 Lesson 6 – Kindness – Give a little
SUMMER 1	Core Theme 2 Unit 4 Lesson 5 – Family – My Family Core Theme 2 Unit 4 Lesson 6 – Family – Special People Core Theme 2 Unit 2 Lesson 3– Behaviour – Bullying is.. Core Theme 2 Unit 2 Lesson 4 – Behaviour - + and - Safe zone lesson – internet safety Safe zone lesson – internet safety
SUMMER 2	Core Theme 3 Unit 1 Lesson 4 – Lending/Borrowing – The Borrowers Core Theme 3 Unit 1 Lesson 5 –Sharing – Share the Booty Core Theme 1 Unit 5 Lesson 1 – Sun Safety – It’s a cover up! Challenge week Challenge week

SCHOOL THEMES

CHALLENGE WEEK	Core Theme 1 Unit 4 Lesson 6 – Aspirations – It’s a Goal!
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3D PSHE KS1 - CYCLE TWO OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Rules and Expectations Core Theme 3 Unit 1 Lesson 2 – Class Charter and School Council Core Theme 2 Unit 4 Lesson 3 – Friendship – Hola, Bonjour! Core Theme 2 Unit 4 Lesson 4 – Friendship – Share Alike Core Theme 2 Unit 3 Lesson 1 – Fair and Unfair Core Theme 3 Unit 2 Lesson 1 – Our School – Common Goals Core Theme 3 Unit 2 Lesson 2 – Belonging – I belong
AUTUMN 2	Core Theme 3 Unit 2 Lesson 3 – Belonging – Join Our Club Anti-Bullying week Care Week Unit Core Theme 2 Unit 3 Lesson 4 – Right and Wrong – In the right Core Theme 1 Unit 4 Lesson 5 – Consequences – Good v Bad Core Theme 2 Unit 1 Lesson 4 – Co-operation – Negotiation Core Theme 2 Unit 1 Lesson 5 – Co-operation – Want to play?
SPRING 1	Core Theme 2 Unit 1 Lesson 6 – Co-operation – Lets debate Core Theme 1 Unit 3 Lesson 1 – Similarities and Differences – Boys v Girls Core Theme 1 Unit 3 Lesson 2 – The Human Body – Body Bits NSPCC – PANTS Core Theme 1 Unit 3 Lesson 4 – Changing Needs – I need Core Theme 1 Unit 1 Lesson 5 – Physical Activity – Mighty Muscles Core Theme 1 Unit 1 Lesson 6 – Exercise – Work out!
SPRING 2	Maths Happiness Unit Maths Happiness Unit Core Theme 2 Unit 2 Lesson 5 – Behaviour – Help Me! Core Theme 2 Unit 2 Lesson 5 – Behaviour – Help Me! Core Theme 2 Unit 3 Lesson 3 – Behaviour – In My Shoes Core Theme 2 Unit 3 Lesson 5 – Teasing – Cry Baby
SUMMER 1	Challenge Week Unit Challenge Week Unit Core Theme 1 Unit 3 Lesson 5 – Responsibility – Who’s at fault? Core Theme 1 Unit 3 Lesson 6 – Emotions – Mood Swings Core Theme 1 Unit 4 Lesson 3 – Love – Three Little Words Core Theme 1 Unit 5 Lesson 7 – Staying Safe – I don’t know you
SUMMER 2	Core Theme 1 Unit 4 Lesson 4 – Sadness – How to Cope Bullying unit Bullying unit Transition activities Transition activities

SCHOOL THEMES

MATHS HAPPINESS	Core Theme 3 Unit 3 Lesson 1 – Money – Grows on Trees? Core Theme 3 Unit 3 Lesson 2 – Money – Coining it in! Core Theme 3 Unit 3 Lesson 3 – Money – Keep Money Safe Core Theme 3 Unit 3 Lesson 4 – Money Shopping List Core Theme 3 Unit 3 Lesson 5 – Choices – This or That? Core Theme 3 Unit 3 Lesson 6 – Enterprise – Dragons’ Den Core Theme 3 Unit 2 Lesson 4 – Local Citizenship – Our Local Area Core Theme 3 Unit 2 Lesson 5 – Local Citizenship – Community Care
CARE WEEK	Core Theme 1 Unit 2 Lesson 5 – Keeping Clean – Bath time Core Theme 1 Unit 2 Lesson 1 – Dental Hygiene – Brushing up! Core Theme 1 Unit 2 Lesson 2 – Dental Hygiene – Bright White Core Theme 1 Unit 2 Lesson 3 – Dental Hygiene – Top Teeth

	Core Theme 1 Unit 5 Lesson 3 – Drug Safety – Magic Medicine Core Theme 1 Unit 5 Lesson 2 – Road Safety – Green X Code
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3D PSHE LKS2 - CYCLE ONE OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – I’m in charge! Core Theme 3 Unit 1 Lesson 2 – Thinking Ahead – Lesson Planning Core Theme 3 Unit 1 Lesson 3 – Taking the Lead – Learning Time Core Theme 2 Unit 5 Lesson 1 – Friendship – Best Features Core Theme 2 Unit 5 Lesson 2 – Friendship – Circle Times
AUTUMN 2	Core Theme 2 Unit 5 Lesson 3 – Friendship – Falling Out Core Theme 2 Unit 5 Lesson 4 – Friendship – The BAFAs (voting session) Core Theme 2 Unit 5 Lesson 4 – Friendship – The BAFAs (awards session) Anti-Bullying week Maths Happiness Maths Happiness
SPRING 1	Core Theme 1 Unit 5 Lesson 1 – Loss/Separation – Lost! Core Theme 1 Unit 5 Lesson 2 – Loss/Separation – Found Core Theme 1 Unit 1 Lesson 1 – Physical Emotional & Mental – I am who I am! Core Theme 1 Unit 1 Lesson 2 – Physical Emotional & Mental – Hearts & Minds Core Theme 1 Unit 1 Lesson 3 – Physical Emotional & Mental – Three in one Core Theme 1 Unit 2 Lesson 4 – Sleep – Sweet Dreams * Year 4 Girls Menstruation Talk
SPRING 2	Core Theme 2 Unit 1 Lesson 1 – Clear Messages – Dot, Dot Dash Core Theme 2 Unit 1 Lesson 2 – How to Listen – Listen Up! Core Theme 2 Unit 1 Lesson 2 – How to Listen – Listen Up! Safe zone Safe zone Core Theme 1 Unit 7 Lesson 1 – Growing up (Before Puberty) – You’ve Grown
SUMMER 1	Core Theme 1 Unit 7 Lesson 2 – Visible Changes – Mind the Gap Keeping Safe – Vaping???? Healthy Relationships – session 1 – Family and friends Healthy Relationships – session 2 – Importance of friends Core Theme 1 Unit 2 Lesson 1 – A balanced approach – Define Healthy Core Theme 1 Unit 2 Lesson 2 – Physical Exercise – Active Kids
SUMMER 2	Core Theme 1 Unit 2 Lesson 3 – Lifestyle Choices – It’s your choice Core Theme 2 Unit 2 Lesson 1 – Working together – Name Game Core Theme 2 Unit 2 Lesson 2 – Working together – Build it up Core Theme 2 Unit 2 Lesson 3 – Shared goals – Better places Challenge Week Challenge Week

SCHOOL THEMES

CHALLENGE WEEK	Core Theme 1 Unit 4 Lesson 1 – Identified Strengths – I’m Good at Core Theme 1 Unit 4 Lesson 2 – Identified Strengths – Future My Goals Core Theme 1 Unit 4 Lesson 3 – Setting Goals – That’s My Goal! Core Theme 1 Unit 4 Lesson 4 – Setting Goals – The impossible Dream
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3D PSHE LKS2 - CYCLE TWO OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – I’m in charge! Core Theme 3 Unit 1 Lesson 2 – Thinking Ahead – Lesson Planning Core Theme 1 Unit 6 Lesson 4 – online Privacy – It’s Personal Core Theme 1 Unit 6 Lesson 5 – Internet Use – Online Usage Core Theme 1 Unit 6 Lesson 6 – Internet Use – Age Limits Core Theme 3 Unit 3 Lesson 1 – Gender Stereotypes – His and Hers
AUTUMN 2	Core Theme 2 Unit 3 Lesson 1 – Reactions - Frustration Core Theme 2 Unit 3 Lesson 2 – Self Worth – I’m a Marvel Anti-Bullying week Care Week Core Theme 2 Unit 3 Lesson 3 – Persistence & Resilience – Don’t give up Core Theme 2 Unit 3 Lesson 4 – Negative Persistence – Over and Over Core Theme 1 Unit 5 Lesson 5 – Feelings – Over Reactions
SPRING 1	Core Theme 1 Unit 3 Lesson 1 – A Balanced Diet – Plant or Animal? Core Theme 1 Unit 3 Lesson 2 – A Balanced Diet – Balancing Act Core Theme 1 Unit 3 Lesson 3 – Working with food - Masterchef Core Theme 1 Unit 3 Lesson 4 – Working with food – Our Food Hall Healthy Relationships – Additional Planning – session 3 Healthy Relationships – Additional Planning – session 4
SPRING 2	Maths Happiness Unit Maths Happiness Unit Core Theme 2 Unit 1 Lesson 3 – Responding to others – Agony Aunts Core Theme 2 Unit 1 Lesson 4 – Expressing Opinions _ It’s debatable Core Theme 1 Unit 5 Lesson 3 – Loss/Separation – Left Behind Core Theme 1 Unit 5 Lesson 4 – Family Changes – Two Homes
SUMMER 1	Core Theme 1 Unit 5 Lesson 6 – Self Respect – Let’s Rock Challenge Week Challenge Week PSHE Assoc – A world of difference session 1 PSHE Assoc – A world of difference session 2
SUMMER 2	Core Theme 2 Unit 4 Lesson 1 – Connections _ Paper Chains Core Theme 2 Unit 4 Lesson 2 – Family Links – Family Tree Core Theme 2 Unit 4 Lesson 3 – Religious Views – Faith Findings Core Theme 2 Unit 4 Lesson 4 – Celebrate Diversity – Inside Out Transition Activities Transition Activities

SCHOOL THEMES

MATHS HAPPINESS	Core Theme 3 Unit 2 Lesson 1 : Different Communities – My Community Core Theme 3 Unit 4 Lesson 1 – Money Choices – A Million Dollars Core Theme 3 Unit 4 Lesson 2 – Managing Money – Design Choices
CARE WEEK	Core Theme 1 Unit 8 Lesson 1 – How to help – Who to Call Core Theme 1 Unit 8 Lesson 2 – Emergency Calls – Calling 999 Core Theme 1 Unit 8 Lesson 3 – Emergency calls – Ambulance, Now!

3D PSHE UKS2 - CYCLE ONE OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Structure – Just Imagine Core Theme 3 Unit 1 Lesson 2 – Law and Order – In Charge Core Theme 3 Unit 1 Lesson 3 – UN Rights – Our Rights Healthy Relationships Lesson 1 You are unique Healthy Relationships Lesson 2 Uncomfortable feelings
AUTUMN 2	Healthy Relationships Lesson 3 – do the right thing Healthy Relationships Lesson 4 Making amends Anti-Bullying week Maths Happiness Maths Happiness
SPRING 1	Core Theme 1 Unit 4 Lesson 1 – Death and Grief – It’s Natural Core Theme 1 Unit 4 Lesson 2 – Death and Grief - Poppies Core Theme 2 Unit 4 Lesson 5 – Online Relationships – A Risky Business Core Theme 1 Unit 4 Lesson 3 – Managing Conflict – Families at War Core Theme 1 Unit 1 Lesson 1 – Physical Emotional & Mental – 3 Dimensional * Year 5 Puberty session * Year 5/6 Menstruation
SPRING 2	Core Theme 2 Unit 1 Lesson 1 – Confidentiality – Secret Information Core Theme 2 Unit 1 Lesson 2 – Listening – I’m all ears! Core Theme 2 Unit 1 Lesson 3 – Responding – Scenarios Safe Zone – internet safety Safe Zone – internet safety
SUMMER 1	Core Theme 2 Unit 4 Lesson 1 – Physical Contact – Touch Sensitive Core Theme 2 Unit 2 Lesson 1– Responding - Scrabble Core Theme 2 Unit 2 Lesson 2 – Shared Goals – It’s all Go! Vaping
SUMMER 2	Healthy Relationships 2 Additional Planning – Session 1 Healthy Relationships 2 Additional Planning – Session 2 Healthy Relationships 2 Additional Planning – Session 3 Challenge week Challenge week

SCHOOL THEMES

CHALLENGE WEEK	Core Theme 1 Unit 3 Lesson 1 – Identified Strengths – Big Dreams Core Theme 1 Unit 3 Lesson 2 – Identified Strengths – Big Achievers Core Theme 1 Unit 3 Lesson 3 – Setting Goals – Super Futures Core Theme 1 Unit 3 Lesson 4 – Setting Goals – I can do that!
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3D PSHE UKS2 - CYCLE TWO OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Structure – Just Imagine Core Theme 3 Unit 1 Lesson 2 – Law and Order – In Charge Core Theme 1 Unit 5 Lesson 6 – Internet Safety – Fake News
AUTUMN 2	Core Theme 2 Unit 3 Lesson 1 – Race and Ethnicity – United States Anti-Bullying week Care Week Unit Core Theme 2 Unit 3 Lesson 2 – Gender Stereotypes – Jobs 4 all Core Theme 2 Unit 3 Lesson 3 – Culture – Cultural Feast
SPRING 1	Core Theme 1 Unit 4 Lesson 3 – Managing Conflict – Families at War Core Theme 1 Unit 1 Lesson 1 – Physical Emotional & Mental – 3 Dimensional Mental Health Additional planning – session 1 Mental Health Additional planning – session 2
SPRING 2	Maths Happiness Maths Happiness Core Theme 1 Unit 1 Lesson 4 – Physical Illness – Bleugh! Core Theme 1 Unit 1 Lesson 6 – Immunisation – One Sharp Scratch Core Theme 2 Unit 4 Lesson 3 – Marriage – I Promise
SUMMER 1	Challenge Week Unit Challenge Week Unit Core Theme 1 Unit 1 Lesson 5 – Healthy Minds – Young Minds Core Theme 2 Unit 4 Lesson 4– Mental Wellbeing – Mind Business
SUMMER 2	Healthy Relationships Additional Planning – Session 4 Healthy Relationships Additional Planning – Session 5 Healthy Relationships Additional Planning – Session 6 Transition

SCHOOL THEMES

MATHS HAPPINESS	Core Theme 2 Unit 2 Lesson 3 – Community Spirit – All Join in Core Theme 3 Unit 3 Lesson 1 – Budgeting – Money Supermarket Core Theme 3 Unit 3 Lesson 2 – Consumer Sense – Payment Terms Core Theme 3 Unit 3 Lesson 3 – Consumer Sense – A Class Catalogue Core Theme 3 Unit 4 Lesson 1 – Generating Income – Making Money Core Theme 3 Unit 4 Lesson 2 – Generating Income – Raising Money
CARE WEEK	