



PSHE



Welcome to the Year 1/2 PSHE newsletter. We hope you will find the information here useful. Please come and speak to us if you have any questions.

The focus for PSHE this term: Following rules and Making Friends as well as Rights and Wrongs and Co-operation.

Following Rules: This will teach the children about the importance of rules and why we have them. They will also focus on what makes a healthy friendship. Both of these skills will help children settle into the start of KS1.

Rights and Wrongs and Co-operation: This will begin to teach the children about appropriate behaviours and consequences using the correct vocabulary. It is Anti-Bullying week this term, all children will complete work on this theme 'Choose Respect'.

Be a good friend

- listen
- share
- be kind
- be polite
- be honest

If you are worried, talk to your family or a teacher.



Key Vocabulary

behaviour charter choices
friend kindness respect
equal fair unfair
parents care safe friendship
similarities differences
siblings
security qualities personality
honesty loyal trustworthy

Key Learning

I can identify the qualities of a good friend.

I understand the importance of having friends.

I recognise that having friends from different cultures is a positive thing.

I can explain how I would feel if somebody was unfair towards me.

I know the importance of family

I know that my family need to look after me and care for me.

I can identify the special people in my life.

Bullying, resisting pressure, and recognising behaviour

Bullying is when someone plans to do something hurtful and does it over and over and over again.

Online bullying is when people write nasty comments on websites and share hurtful images.

Hurtful behaviour is when someone is being mean by doing or saying nasty things to others.

If you see anyone being hurtful or bullying someone, make sure you tell a trusted adult who can help.

Key Learning

I know what a bully is

I know that bullying is persistent

I know that bullying can hurt someone inside and out

I know that it is wrong to be unkind someone and that this can hurt their feelings

I know that there are different kinds of bullying

I recognise the difference between an accident and something that has been done deliberately

I know where to go for help or support if I am being bullied



Key Learning

I know what is right and what is wrong regarding my behaviour

I can identify the difference between something that is fair and something that is unfair

I can begin to see things from somebody else's point of view

I know that my behaviour can have a negative or positive impact on other people I know that it is important to show empathy towards someone who is upset or facing a challenging situation

I can share some strategies I can use if I am feeling upset or angry

I recognise what is kind and unkind behaviour

I can identify an act of kindness and explain how it would make someone else feel.

Key Vocabulary

fair unfair right wrong respect

kind unkind similarities differences

teasing behaviour fairness