



Hamer Community Primary School PSHE Policy

Audience:

Parents, school staff (specifically teachers and leaders) and governors

Version:

1.3

Review:

Annually or more regularly if necessary

Reviewed and teaching sequence updated (L Casey) - **October 2024**

Updates approved by:

Chair of Governors and Headteacher Date: 01/10/24

Aims

The National Curriculum states that 'all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice.'

According to the Education Act 2002 and the Academies Act 2010, the PSHE curriculum should be a balanced and broadly-based curriculum which 'promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for opportunities, responsibilities and experiences of later life.'

We use a PSHE Programme - 3D PSHE - in which pupils develop the knowledge, skills and attributes needed in order to keep themselves healthy and safe whilst preparing them for life and work.

This policy, provided by Dimensions Curriculum, reflects the 2020 guidance and covers all aspects of Relationships Education and Health Education in an age-appropriate way.

There are three underlying core themes taught throughout Dimensions 3D PSHE, within which there is broad overlap and flexibility:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

Pupils are encouraged to participate in a wide variety of activities, enabling them to make significant contributions to both life in school and within the wider community. This allows them to become aware of their skills and talents, develop their self-worth, learn to work as part of a team and take greater responsibility for their own learning. In doing so, they are able to reflect and evaluate on how they are making progress.

The 3D PSHE Programme provides pupils with the means to handle many of the social, cultural, spiritual, physical and moral issues that occur throughout life.

3D PSHE helps pupils to develop and demonstrate skills and attitudes that will allow them to participate fully, and contribute positively, to life in modern Britain. Pupils learn to respect similarities and differences between our diverse cultures in order to build successful and meaningful friendships and relationships that are vital to the world we live in.

Dimensions 3D PSHE supports the development of the attitudes, values, skills and behaviour which enable pupils to:

- Live healthy lifestyles
- Address personal hygiene
- Develop an awareness of changing and growing
- Deal with different emotions in an appropriate way
- Keep safe
- Communicate well with others and work as a team
- Define, identify and know how to respond to bullying
- Know where and how to seek help when needed
- Treat everybody with respect
- Form and build positive relationships
- Understand the reasons for rules, and their responsibility to keep them
- Learn about their responsibility in caring for others
- Be active in their own learning
- Be active within their community
- Manage money well
- Keep safe online
- Self-assess and identify their strengths and weaknesses
- Know how to make emergency calls
- Know basic First Aid
- Work collaboratively and respectfully
- Appreciate diversity
- Empathise with other points of view
- Express opinions clearly
- Understand the changes that occur in puberty
- Develop strategies for managing changing emotions

Relationships Education (Statutory)

The focus of 3D PSHE in primary school is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with other children and adults.

3D PSHE teaches pupils, in an age-appropriate way, what a healthy relationship is, enabling them to form a clear understanding of the features of positive relationships that are likely to lead to fulfilment, happiness and security. Pupils learn what friendship is, what family means and who the people are who can support them.

Our school's careful use of 3D PSHE teaches about families in a well-judged and sensitive way, based on a clear knowledge of the pupils and their circumstances, reflecting that some children have different family structures and supportive relationships. They learn how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving, and the concept of personal privacy. Establishing personal space and boundaries, showing respect and understanding, including the differences between appropriate and inappropriate or unsafe physical, and other, contact are the forerunners of teaching about consent, which takes place at secondary.

3D PSHE lessons teach pupils about online safety and appropriate behaviour online, including sharing data and ways in which information provided by users may be used negatively.

3D PSHE's Relationship Education encourages the development and practice of resilience and perseverance, self-respect and self-worth. Pupils are also helped to develop personal attributes including honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice. In 3D PSHE, this is achieved through a plethora of exciting and innovative learning experiences for in active citizenship.

Pupils are taught about positive emotional and mental wellbeing, including how friendships can support mental wellbeing.

They also learn about safe relationships, focusing on boundaries and privacy and ensuring that they understand that they have rights over their own bodies. This also covers understanding boundaries in friendships with peers, in families and with others, in all contexts, including online. In 3D PSHE, pupils are clearly taught how to report concerns and seek advice when they suspect or know that something is wrong. Of paramount importance is ensuring the balance between informing children about making sensible decisions to stay safe (including online) without frightening them unnecessarily, whilst also making it clear that it is never the fault of a child who is exploited or abused, and why victim blaming is always wrong.

Sex Education – (HRE – Health and Relationships Education) Sex Education is not statutory in primary schools.

Sex Education is not statutory in primary schools, therefore at Hamer Community Primary School, we have removed the heading SRE (Sex and Relationships Education) and replaced it with HRE (Health and Relationships Education)

The National Curriculum for science includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals. Our school has determined that we **do not need to** cover any additional content on sex education to meet the needs of our pupils.

Following consultations with parents, governors and staff there are some amendments in the teaching of HRE:

KS1 – No specific teaching of or naming of the female and male genitalia.*

KS1 – NSPCC PANTS will be taught in Spring 1 in both cycle one and two.

* although there will be no specific teaching of genitalia, sessions are mainly discussion led and terminology could be used by the children in class discussion.

LKS2 – The term ‘puberty’ will not be used in the 3D PSHE session - Health and Well Being – Unit 7 Lesson 1 – Before Puberty. This session will be titled Growing and Changing.

LKS2 – The term ‘puberty’ will be used in the menstruation talk session in Y4. This session will be with Year 4 girls only (this will be revisited in UKS2 for boys). This will be led by female, school based staff and will be in Spring 1.

UKS2 – General puberty sessions will be taught by class teachers. A male member of staff will be used to teach boys certain sessions in same sex groups (if staffing allows).

UKS2 – 3D session – Health and Well Being – Unit 4 Lesson 3 – Marriage. This session will celebrate the diversity of marriage – traditional weddings, religious, civil ceremonies and partnerships. It will also discuss other ways people show commitment to each other.

PSHE Content and Coverage

All Year groups actively take part in PSHE sessions. In EYFS, PSHE is taught by class teachers, in other areas of school, PSHE is taught by a HLTA in PPA sessions.

Hamer Community Primary School has mixed aged group classes. Therefore the 3D programme will be taught on a two year cycle to ensure that all children have access to all of the sessions.

Dimensions 3D PSHE covers all areas of PSHE for primary schools, as shown in the tables below:

3D PSHE – EYFS Overview

	Nursery	Reception
AUTUMN 1	Building Relationships Lesson 1 – Let's Play Shops Lesson 13 – Fair Shares	Building Relationships Lesson 6 – Taking the Plunge Lesson 15 – One Gold Star Lesson 5 – What a Problem
AUTUMN 2	Self – Regulation Lesson 5 – Make Your Choice Lesson 10 – Well Done! Lesson 14 – The Pantomime	Building Relationships Lesson 25 – Litter Bug Lesson 3 – I like... Lesson 12 – Clean and Tidy Lesson 21 – Getting in a Knot
SPRING 1	Self – Regulation Lesson 16 – A Waiting Game Lesson 6 – Odd Jobs	Self – Regulation Lesson 2 – Nan's House Lesson 13 – Bully Boy Lesson 20 – The New Pet
SPRING 2	Self – Regulation Lesson 11 – A New Baby Lesson 4 – Good Friends	Self – Regulation Lesson 10 – Rainy Days Lesson 18 – A Piece of Cake Lesson 4 – It's Your Turn Lesson 9 – Stick to the Rules
SUMMER 1	Managing Self Lesson 12 – Deaf Girl Lesson 15 – You Smell	Managing Self Lesson 24 – Playtime Games Lesson 7 – An Old Friend Lesson 14 – Family Fun Lesson 23 – Eid Mubarak
SUMMER 2	Managing Self Lesson 2 – Who's Playing?	Managing Self Lesson 1 – Hide and Seek Lesson 11 – I Feel Poorly! Lesson 19 – Busy Body

3D PSHE KS1 - CYCLE ONE OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Rules and Expectations Core Theme 3 Unit 1 Lesson 2 – Class Charter and School Council Core Theme 2 Unit 4 Lesson 1 – Friendship – Forever Friends Core Theme 2 Unit 4 Lesson 2 – Friendship - Make Friends Core Theme 3 Unit 1 Lesson 3– Taking Turns – It's Your Turn Core Theme 2 Unit 1 Lesson 7 – Good Manners – How Rude!
AUTUMN 2	Core Theme 1 Unit 4 Lesson 1 – Happiness - Smile Core Theme 2 Unit 2 Lesson 1 – Definition – A Bully is... Anti-Bullying week Core Theme 2 Unit 2 Lesson 3 – Unkindness – Blame Game Maths Happiness
SPRING 1	Core Theme 1 Unit 4 Lesson 2 – Anger – Grrr! Core Theme 2 Unit 1 Lesson 1 – Feelings – How I Feel Core Theme 2 Unit 1 Lesson 2 – Response – How I think Core Theme 2 Unit 1 Lesson 3 – Options – I think... NSPCC – PANTS
SPRING 2	Core Theme 1 Unit 2 Lesson 4 – Washing hands – Meet Grub! Core Theme 2 Unit 3 Lesson 2 – Comparisons –All the Same Core Theme 1 Unit 5 Lesson 4 – Personal Safety – Secret Surprise Core Theme 1 Unit 5 Lesson 5 – Emotional Safety – Getting Help Core Theme 2 Unit 3 Lesson 6 – Kindness – Give a little
SUMMER 1	Core Theme 2 Unit 4Lesson 5 – Family – My Family Core Theme 2 Unit 4 Lesson 6 – Family – Special People Core Theme 2 Unit 2 Lesson 3– Behaviour – Bullying is.. Core Theme 2 Unit 2 Lesson 4 – Behaviour - + and - Safe zone lesson – internet safety Safe zone lesson – internet safety
SUMMER 2	Core Theme 3 Unit 1 Lesson 4 – Lending/Borrowing – The Borrowers Core Theme 3 Unit 1 Lesson 5 –Sharing – Share the Booty Core Theme 1 Unit 5 Lesson 1 – Sun Safety – It's a cover up! Challenge week

SCHOOL THEMES

CHALLENGE WEEK	Core Theme 1 Unit 4 Lesson 6 – Aspirations – It's a Goal!
MATHS HAPPINESS	Core Theme 3 Unit 3 Lesson 1 – Money – Grows on Trees? Core Theme 3 Unit 3 Lesson 2 – Money – Coining it in! Core Theme 3 Unit 3 Lesson 3 – Money – Keep Money Safe Core Theme 3 Unit 3 Lesson 4 – Money Shopping List Core Theme 3 Unit 3 Lesson 5 – Choices – This or That? Core Theme 3 Unit 3 Lesson 6 – Enterprise – Dragons' Den Core Theme 3 Unit 2 Lesson 4 – Local Citizenship – Our Local Area Core Theme 3 Unit 2 Lesson 5 – Local Citizenship – Community Care

3D PSHE KS1 - CYCLE TWO OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Rules and Expectations Core Theme 3 Unit 1 Lesson 2 – Class Charter and School Council Core Theme 2 Unit 4 Lesson 3 – Friendship – Hola, Bonjour! Core Theme 2 Unit 4 Lesson 4 – Friendship – Share Alike Core Theme 2 Unit 3 Lesson 1 – Fair and Unfair Core Theme 3 Unit 2 Lesson 1 – Our School – Common Goals Core Theme 3 Unit 2 Lesson 2 – Belonging – I belong
AUTUMN 2	Core Theme 3 Unit 2 Lesson 3 – Belonging – Join Our Club Anti-Bullying week Core Theme 2 Unit 3 Lesson 4 – Right and Wrong – In the right Core Theme 1 Unit 4 Lesson 5 – Consequences – Good v Bad Core Theme 2 Unit 1 Lesson 4 – Co-operation – Negotiation Core Theme 2 Unit 1 Lesson 5 – Co-operation – Want to play?
SPRING 1	Core Theme 2 Unit 1 Lesson 6 – Co-operation – Lets debate Core Theme 1 Unit 3 Lesson 1 – Similarities and Differences – Boys v Girls Core Theme 1 Unit 3 Lesson 2 – The Human Body – Body Bits NSPCC – PANTS Core Theme 1 Unit 3 Lesson 4 – Changing Needs – I need Core Theme 1 Unit 1 Lesson 5 – Physical Activity – Mighty Muscles Core Theme 1 Unit 1 Lesson 6 – Exercise – Work out!
SPRING 2	Care week Core Theme 2 Unit 2 Lesson 5 – Behaviour – Help Me! Core Theme 2 Unit 2 Lesson 5 – Behaviour – Help Me! Core Theme 2 Unit 3 Lesson 3 – Behaviour – In My Shoes Core Theme 2 Unit 3 Lesson 5 – Teasing – Cry Baby
SUMMER 1	Core Theme 1 Unit 3 Lesson 5 – Responsibility – Who’s at fault? Core Theme 1 Unit 3 Lesson 6 – Emotions – Mood Swings Core Theme 1 Unit 4 Lesson 3 – Love – Three Little Words Core Theme 1 Unit 5 Lesson 7 – Staying Safe – I don’t know you
SUMMER 2	Core Theme 1 Unit 4 Lesson 4 – Sadness – How to Cope Fun week Bullying unit Bullying unit Transition activities Transition activities

SCHOOL THEMES

CARE WEEK	Core Theme 1 Unit 2 Lesson 5 – Keeping Clean – Bath time Core Theme 1 Unit 2 Lesson 1 – Dental Hygiene – Brushing up! Core Theme 1 Unit 2 Lesson 2 – Dental Hygiene – Bright White Core Theme 1 Unit 2 Lesson 3 – Dental Hygiene – Top Teeth Core Theme 1 Unit 5 Lesson 3 – Drug Safety – Magic Medicine Core Theme 1 Unit 5 Lesson 2 – Road Safety – Green X Code
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3D PSHE LKS2 - CYCLE ONE OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – I'm in charge! Core Theme 3 Unit 1 Lesson 2 – Thinking Ahead – Lesson Planning Core Theme 3 Unit 1 Lesson 3 – Taking the Lead – Learning Time Core Theme 2 Unit 5 Lesson 1 – Friendship – Best Features Core Theme 2 Unit 5 Lesson 2 – Friendship – Circle Times
AUTUMN 2	Core Theme 2 Unit 5 Lesson 3 – Friendship – Falling Out Core Theme 2 Unit 5 Lesson 4 – Friendship – The BAFAs (voting session) Core Theme 2 Unit 5 Lesson 4 – Friendship – The BAFAs (awards session) Anti-Bullying week Maths Happiness
SPRING 1	Core Theme 1 Unit 5 Lesson 1 – Loss/Separation – Lost! Core Theme 1 Unit 5 Lesson 2 – Loss/Separation – Found Core Theme 1 Unit 1 Lesson 1 – Physical Emotional & Mental – I am who I am! Core Theme 1 Unit 1 Lesson 2 – Physical Emotional & Mental – Hearts & Minds Core Theme 1 Unit 1 Lesson 3 – Physical Emotional & Mental – Three in one Core Theme 1 Unit 2 Lesson 4 – Sleep – Sweet Dreams * Year 4 Girls Menstruation Talk
SPRING 2	Core Theme 2 Unit 1 Lesson 1 – Clear Messages – Dot, Dot Dash Core Theme 2 Unit 1 Lesson 2 – How to Listen – Listen Up! Core Theme 2 Unit 1 Lesson 2 – How to Listen – Listen Up! Safe zone Safe zone Core Theme 1 Unit 7 Lesson 1 – Growing up (Before Puberty) – You've Grown
SUMMER 1	Core Theme 1 Unit 7 Lesson 2 – Visible Changes – Mind the Gap Healthy Relationships -- session 1 – Family and friends Healthy Relationships -- session 2 – Importance of friends Core Theme 1 Unit 2 Lesson 1 – A balanced approach – Define Healthy Core Theme 1 Unit 2 Lesson 2 – Physical Exercise – Active Kids
SUMMER 2	Core Theme 1 Unit 2 Lesson 3 – Lifestyle Choices – It's your choice Core Theme 2 Unit 2 Lesson 1 – Working together – Name Game Core Theme 2 Unit 2 Lesson 2 – Working together – Build it up Core Theme 2 Unit 2 Lesson 3 – Shared goals – Better places Challenge Week

SCHOOL THEMES

CHALLENGE WEEK	Core Theme 1 Unit 4 Lesson 1 – Identified Strengths – I’m Good at Core Theme 1 Unit 4 Lesson 2 – Identified Strengths – Future My Goals Core Theme 1 Unit 4 Lesson 3 – Setting Goals – That’s My Goal! Core Theme 1 Unit 4 Lesson 4 – Setting Goals – The impossible Dream
MATHS HAPPINESS	Core Theme 3 Unit 2 Lesson 1 : Different Communities – My Community Core Theme 3 Unit 4 Lesson 1 – Money Choices – A Million Dollars Core Theme 3 Unit 4 Lesson 2 – Managing Money – Design Choices

3D PSHE LKS2 - CYCLE TWO OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – I'm in charge! Core Theme 3 Unit 1 Lesson 2 – Thinking Ahead – Lesson Planning Core Theme 1 Unit 6 Lesson 4 – online Privacy – It's Personal Core Theme 1 Unit 6 Lesson 5 – Internet Use – Online Usage Core Theme 1 Unit 6 Lesson 6 – Internet Use – Age Limits Core Theme 3 Unit 3 Lesson 1 – Gender Stereotypes – His and Hers
AUTUMN 2	Core Theme 2 Unit 3 Lesson 1 – Reactions - Frustration Core Theme 2 Unit 3 Lesson 2 – Self Worth – I'm a Marvel Anti-Bullying week Core Theme 2 Unit 3 Lesson 3 – Persistence & Resilience – Don't give up Core Theme 2 Unit 3 Lesson 4 – Negative Persistence – Over and Over Core Theme 1 Unit 5 Lesson 5 – Feelings – Over Reactions
SPRING 1	Core Theme 1 Unit 3 Lesson 1 – A Balanced Diet – Plant or Animal? Core Theme 1 Unit 3 Lesson 2 – A Balanced Diet – Balancing Act Core Theme 1 Unit 3 Lesson 3 – Working with food - Masterchef Core Theme 1 Unit 3 Lesson 4 – Working with food – Our Food Hall Healthy Relationships – Additional Planning – session 3 Healthy Relationships – Additional Planning – session 4 * Year 4 Girls Menstruation Talk
SPRING 2	Care Week – To be confirmed Core Theme 2 Unit 1 Lesson 3 – Responding to others – Agony Aunts Core Theme 2 Unit 1 Lesson 4 – Expressing Opinions _ It's debatable Core Theme 1 Unit 5 Lesson 3 – Loss/Separation – Left Behind Core Theme 1 Unit 5 Lesson 4 – Family Changes – Two Homes
SUMMER 1	Core Theme 1 Unit 5 Lesson 6 – Self Respect – Let's Rock PSHE Assoc – A world of difference session 1 PSHE Assoc – A world of difference session 2
SUMMER 2	Fun week Core Theme 2 Unit 4 Lesson 1 – Connections _ Paper Chains Core Theme 2 Unit 4 Lesson 2 – Family Links – Family Tree Core Theme 2 Unit 4 Lesson 3 – Religious Views – Faith Findings Core Theme 2 Unit 4 Lesson 4 – Celebrate Diversity – Inside Out Transition Activities

SCHOOL THEMES

CARE WEEK	Core Theme 1 Unit 8 Lesson 1 – How to help – Who to Call Core Theme 1 Unit 8 Lesson 2 – Emergency Calls – Calling 999 Core Theme 1 Unit 8 Lesson 3 – Emergency calls – Ambulance, Now!
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3D PSHE UKS2 - CYCLE ONE OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Structure – Just Imagine Core Theme 3 Unit 1 Lesson 2 – Law and Order – In Charge Core Theme 3 Unit 1 Lesson 3 – UN Rights – Our Rights Healthy Relationships Lesson 1 You are unique Healthy Relationships Lesson 2 Uncomfortable feelings
AUTUMN 2	Healthy Relationships Lesson 3 – do the right thing Healthy Relationships Lesson 4 Making amends Anti-Bullying week Maths Happiness
SPRING 1	Core Theme 1 Unit 4 Lesson 1 – Death and Grief – It's Natural Core Theme 1 Unit 4 Lesson 2 – Death and Grief - Poppies Core Theme 2 Unit 4 Lesson 5 – Online Relationships – A Risky Business Core Theme 1 Unit 4 Lesson 3 – Managing Conflict – Families at War Core Theme 1 Unit 1 Lesson 1 – Physical Emotional & Mental – 3 Dimensional * Year 5 Puberty session * Year 5/6 Menstruation
SPRING 2	Core Theme 2 Unit 1 Lesson 1 – Confidentiality – Secret Information Core Theme 2 Unit 1 Lesson 2 – Listening – I'm all ears! Core Theme 2 Unit 1 Lesson 3 – Responding – Scenarios Safe Zone – internet safety
SUMMER 1	Core Theme 2 Unit 4 Lesson 1 – Physical Contact – Touch Sensitive Core Theme 2 Unit 2 Lesson 1– Responding - Scrabble Core Theme 2 Unit 2 Lesson 2 – Shared Goals – It's all Go!
SUMMER 2	Healthy Relationships 2 Additional Planning – Session 1 Healthy Relationships 2 Additional Planning – Session 2 Healthy Relationships 2 Additional Planning – Session 3 Challenge week

SCHOOL THEMES

CHALLENGE WEEK	Core Theme 1 Unit 3 Lesson 1 – Identified Strengths – Big Dreams Core Theme 1 Unit 3 Lesson 2 – Identified Strengths – Big Achievers Core Theme 1 Unit 3 Lesson 3 – Setting Goals – Super Futures Core Theme 1 Unit 3 Lesson 4 – Setting Goals – I can do that!
MATHS HAPPINESS	Core Theme 2 Unit 2 Lesson 3 – Community Spirit – All Join in Core Theme 3 Unit 3 Lesson 1 – Budgeting – Money Supermarket Core Theme 3 Unit 3 Lesson 2 – Consumer Sense – Payment Terms Core Theme 3 Unit 3 Lesson 3 – Consumer Sense – A Class Catalogue Core Theme 3 Unit 4 Lesson 1 – Generating Income – Making Money Core Theme 3 Unit 4 Lesson 2 – Generating Income – Raising Money

3D PSHE UKS2 - CYCLE TWO OVERVIEW

AUTUMN 1	Core Theme 3 Unit 1 Lesson 1 – Structure – Just Imagine Core Theme 3 Unit 1 Lesson 2 – Law and Order – In Charge Core Theme 1 Unit 5 Lesson 6 – Internet Safety – Fake News
AUTUMN 2	Core Theme 2 Unit 3 Lesson 1 – Race and Ethnicity – United States Anti-Bullying week Core Theme 2 Unit 3 Lesson 2 – Gender Stereotypes – Jobs 4 all Core Theme 2 Unit 3 Lesson 3 – Culture – Cultural Feast
SPRING 1	Core Theme 1 Unit 4 Lesson 3 – Managing Conflict – Families at War Core Theme 1 Unit 1 Lesson 1 – Physical Emotional & Mental – 3 Dimensional Mental Health Additional planning – session 1 Mental Health Additional planning – session 2 * Year 5 Puberty session * Year 5/6 Menstruation
SPRING 2	Care week Core Theme 1 Unit 1 Lesson 4 – Physical Illness – Bleugh! Core Theme 1 Unit 1 Lesson 6 – Immunisation – One Sharp Scratch Core Theme 2 Unit 4 Lesson 3 – Marriage – I Promise
SUMMER 1	Core Theme 1 Unit 1 Lesson 5 – Healthy Minds – Young Minds Core Theme 2 Unit 4 Lesson 4– Mental Wellbeing – Mind Business
SUMMER 2	Fun week Healthy Relationships Additional Planning – Session 4 Healthy Relationships Additional Planning – Session 5 Healthy Relationships Additional Planning – Session 6 Transition

SCHOOL THEMES

CARE WEEK	
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Discrete sessions (as detailed in the tables above) are also supplemented through links to other curriculum areas, such as science and computing.

British Values

As a school we promote British values, ensuring that our children leave school prepared for life in modern Britain. We support the values of democracy, rule of law, individual liberty, mutual respect and tolerance of different faiths and beliefs. Through aspects of school life such as voting for school council members, assemblies and discrete PSHE lessons, these values are embedded within our curriculum. We plan assemblies and lessons to teach the children about our values, respecting similarities and differences, tackling stereotypes and understanding why some people discriminate. We aim to empower children to have a voice and to stand up against discrimination, valuing equality, tolerance and mutual respect.

We also supplement our offer through various themed weeks/months, such as:

Care Week

This week contains a focus on looking after yourself and others, both physically and mentally. We invite a variety of visitors into school and learn about things such as: road safety, online safety, dental hygiene, mental wellbeing and the benefits of a good diet and exercise. We also deliver whole school first aid training, including teaching children in KS1 upwards how to carry out CPR and teaching all children in KS2 to use a defibrillator.

Challenge Week

This is where we aim to further develop children's resilience, teaching that, through practise and perseverance, we can all improve. We encourage children to set challenging, yet realistic targets for themselves and to embark on learning something new. We also explore pupil aspirations and look at the steps to achieving these.

Fun Week

Our focus in this week is to have fun, whilst broadening pupil experience and getting the children learning outside. Children from Year 1 upwards take turns to visit Hollingworth Lake, where they participate in a variety of water sports activities. They also take part in a range of other activities, such as orienteering, climbing and archery.

Maths Happiness Month

The month not only allows for real life application of maths skills but enables children to make a real difference within their local community. The month begins in an enterprise fashion, with children designing and making products to sell at the Happiness Fair. Proceeds are then used to help local causes, with children going out into the community to see first- hand the impact of what they have done.

Implementation through Assessment, Recording, Reporting and Monitoring

Teachers assess the children's work in PSHE by making informal judgements as they observe them during lessons. We have clear expectations of what the pupils will know and understand at the end of each year and key stage. Assessment should offer the children the opportunity to reflect on their own progress.

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader will monitor plans, teaching and learning in order to evaluate strengths and weaknesses in the school and indicate areas for improvement. The subject leader will regularly evaluate the scheme of work to ensure that the needs of the pupils are being met and that there is progression and continuity of learning through the school.

Implementation through inclusion, including meeting the needs of SEND pupils

Our teachers provide learning opportunities matched to the individual needs of all children including those with special educational needs and disabilities. PSHE is taught inclusively to all children regardless of their race, religion and gender, whilst at the same time addressing the need for equal opportunity. The PSHE curriculum is in line with the single equality duty policy. Staff will ensure that no judgement will be passed on the lifestyles and choices made by others. If a safeguarding issue is raised, staff are required to follow the correct safeguarding procedure and safeguarding policy.

Bibliography

This Dimensions 3D Primary PSHE Policy is informed by the following links:-

- [Academies Act 2010](#)
- [Children and Social Work Act 2017](#)
- [Education Act 2002](#)
- [Guidance on Relationships, Relationships and Sex Education, and Health Education](#)
- [Parliament UK Report 2019](#)
- [PSHE Association](#)

Appendices

For further guidance on Relationships Education (Primary), Relationships and Sex Education (RSE – Secondary) and Health Education (Primary and Secondary), please visit the following:

[Guidance on Relationships, Relationships and Sex Education, and Health Education](#)